

*St. Anthony's
Roman Catholic
Parish ' - Words'*

The First Sunday in Lent
21st February 2021

Hymns:

Entrance: Lord I lift your
name on High

Offertory: Let the Spirit
come

Communion: Eagles wings

Recessional: Share in the love

Entrance Antiphon:

When he calls on me, I will
answer him: I will deliver him
and give him glory, I will grant
him length of days.

Readings:

Genesis 9:8-15

Psalms 24:4-9

1 Peter 3:18-22

Mark 1:12-15

Response to Psalm

Your ways, Lord, are
faithfulness and love for those
who keep your covenant.

Gospel Acclamation:

Alleluia, alleluia!

Man does not live on bread alone, but
on every word that comes from the
mouth of God.

Alleluia

Communion Antiphon:

One does not live on bread alone, but by
every word that comes forth from the
mouth of God.



Communion Reflection

Wilderness

On this first Sunday of Lent, we are
invited to embrace the wilderness. The
past year has given us experience of
wilderness as our world battled a
pandemic. Many people were afraid,
isolated, alone, and uncertain of what
the future would bring. Humanity was
adrift in what seemed like a desert
moment. However, wilderness can bring
opportunity. It can be a time for deep

reflection, where we take stock of
what is most important to us, a
chance to let go of things that are
really not important and focus on
where we are being called to be.
During this past year, what
opportunity did this wilderness
offer you?

Lent is also a time where people
give up something, focus on weight
loss or getting fit, take on a
course, try to better themselves in
some way. And these can be good
things, but Lent is so much more
than that. It is a retreat time, a
time to make room for something
deeper. It is a spring-cleaning sort
of time, an opportunity to ask,
'what needs clearing out in my life
so that I can make more room for
God?' 'What changes am I being
called to embrace?' Without
change we cannot grow, and things
fast become stale in our lives. God
is always urging us on because God
knows just what possibilities there
are for each of us. Lent offers us
the opportunity to make space for
something new, to let go of that
which is keeping us from living life
to the full.

The Gospel today is short, Jesus is
sent into the wilderness, into the
desert, and we too are invited into
a desert time. Deserts are
interesting places which can allow
us to reflect, give ourselves space.
It is true that we might encounter

our demons there, but we should not
be afraid because as the Gospel tells
us clearly today, this is a Spirit-led
desert. God is with us. Let us try to
embrace this wilderness. How we
make use of this time determines
what will be.

'You have to leave the city of your
comfort and go into the wilderness
of your intuition. What you'll
discover will be wonderful. What
you'll discover will be yourself.' (Alan
Alda)

Mass at St. Nicholas

English mass at St. Nicholas has
recommenced but it is currently
limited to 15 people only. If you
would like to attend, please email
martinmartnancy211@gmail.com
stating which Sunday you would
like to attend. A return email will
be sent to you confirming your
attendance and without it, access
to the Church will not be
permitted.

ROSARY WEDNESDAY

In these challenging times, with limited possibilities to meet our family and friends in person, a chance to pray together becomes so precious. Therefore, responding to Our Lady's promise to grant her special protection and numerous graces to those who will recite the Holy Rosary, we would like to invite you to join a group of fellow parishioners (from The Church of the Sacred Heart in Rue le Corrège) every Wednesday at 8:30 PM online, on Zoom platform, to pray the Rosary and the Litany of St. Joseph, thus bringing our common and private intentions to Jesus through Mary.

How to access the virtual prayer evenings:

1)
Click: <https://us04web.zoom.us/j/76390617485?pwd=VDdEZDJaTVZMSnRkRUtIRONQK3ZSZz09>

OR

2) Go to www.zoom.com, "Join a meeting"
Meeting ID: 763 9061 7485

For more information, please contact
rasa.galkyte@gmail.com

FCJ Centre of Spirituality

**211 Ave. Winston Churchill, 1180,
Brussels**

All events will take place on Zoom

1. FRATELLI TUTTI (Pope Francis' Encyclical) :

Every 2nd Monday, beginning Monday 15 February : 19.00-20.00
Group sharing on Introduction and Part 1 of Encyclical.

2. SPIRITUAL EXERCISES DURING LENT

Beginning: Sunday 21 February : 15.00-17.00 - Introductory group meeting

3. WHO IS JESUS CHRIST FOR ME ? 'Come and see' (Jn.1:39)

Sunday 28 February : 14.30-17.30
Time for reflection, prayer, Scripture, input and sharing (John 1, Letters of St. Paul et al.)

For further information, visit
www.fcjcentre.be or, email
fcj@fcjcentre.be, or tel.02 348 9561

HELP WANTED

Help needed to care for an elderly french speaking lady in her home. French required.
Requires basic care and sometimes help with walking. For all information, please contact her son, Thierry Smets, at 0475.87.20.12 or

thierry.smets.orgue@gmail.com



If you have some news you would like to share with the rest of the community through the newsletter, please get in touch with us on
stanthonyparish@telenet.be

MASS TIMES

**St Anthony's Parish -
Live Streamed Mass
Every Sunday @ 10.30h**

**Parish Address:
Oudstrijderslaan 23-25
1950 KRAAINEM
Tel: 02 720 19 70**

**Email:
stanthonyparish@telenet.be**

**Web: www.saint-anthony.be
Parish Office Hours
Mon, Thu & Fri
9.00-13.00 & 14.00-17.00
Tue & Wed
9.00-13.00**

**A/C No:
BE70 3100 7225 8925
BIC: BB RU BE BB**