

## St. Anthony's Parish Words'

Eighteenth Sunday in Ordinary  
Time

2nd August 2020

### Hymns

**Entrance:** City of God

**Offertory:** Song of the young  
prophet

**Communion:** There is a  
Redeemer

**Recessional:** Lord I lift your  
name on high

### Entrance Antiphon:

O God, come to my assistance; O  
Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.

### Readings:

Isaiah 55:1-3

Psalms 144:8-9, 15-18

Romans 8:35, 37-39

Matthew 14:13-21

### Response to Psalm:

You open wide your hand, O  
Lord, you grant our desires.

### Gospel Acclamation:

**Alleluia, alleluia!**

*Man does not live on bread alone,  
but on every word that comes  
from the mouth of God,*

**Alleluia!**

### Communion Antiphon:

I am the bread of life, says the Lord;  
whoever comes to me will not hunger  
and whoever believes in me will not  
thirst.

### Communion Reflection

Have you ever felt like you have nothing  
left to give? We all have times when we  
feel as though we do not have 'enough'  
to offer, whether it's time, money,  
energy, or even love. When work is  
busy, we don't have enough time for  
family. When we are physically or  
emotionally exhausted at the end of a  
long day, we might not have the energy  
to play with our children or visit a  
friend. In the face of suffering in our  
own society and around the world, we  
often feel helpless - whatever small  
amount of time or money we can give  
will never be enough. But where we see  
'not enough,' God sees potential. What  
we see as a small contribution is not  
small to God, if it is all we have to give  
and it is given with love. 'All we have  
with us is five loaves and two  
fish,' say the disciples to Jesus - a tiny  
offering when faced with a giant task.  
But Jesus takes what they have,  
blesses it, and uses it to give  
sustenance to thousands. In the face  
of human limitations, God can do plenty.  
We are told at the start of today's  
reading that Jesus 'took pity' on the  
large crowd that followed him. They  
have been out all day and are hungry,  
not to mention tired. They are so  
engrossed in listening to Jesus that

time has slipped away. They are  
running on empty, and I'm  
sure they would be dismayed if, as  
the disciples suggest, they had to  
hike to the nearest village to buy  
food. Jesus understands their  
exhaustion and hunger, their  
limitations and their 'not enough.'  
What they have to give is  
inadequate, but he can do more  
with it than they could ever have  
imagined. We too are limited in  
what we have to offer. But  
whatever we can give - to our  
families and friends, to those in  
need - God sees and blesses and  
multiplies.

*'Give something, however small, to  
one in need. For it is not small to  
one who has nothing. Neither is it  
small to God, if we have given what  
we could.'*

**ST GREGORY OF NAZIANZUS**

Triona Doherty



If you have some news you would  
like to share with the rest of the  
community through the newsletter,  
please get in touch with us on  
[stanthonyparish@telenet.be](mailto:stanthonyparish@telenet.be)

## MASS TIMES

**St Anthony's Parish -  
Live Streamed Mass  
Every Sunday @ 10.30h**

**St Nicholas at the Bourse :  
Sunday - 10.00h**

**St Joseph's Community, 203  
Chaussée de Wavre 1150 Ixelles  
Sunday at 11.30h**

**Rue Le Correge  
Sunday at 19.15h**



**Priests of the Parish:  
Father Pat Power O.F.M  
Father Michael Nicholas O.F.M**



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**Parish Office Hours  
Mon, Thu & Fri  
9.00-13.00 & 14.00-17.00  
Tue & Wed  
9.00-13.00**

**A/C No:  
BE70 3100 7225 8925  
BIC: BB RU BE BB**