

*St. Anthony's
Roman Catholic
Parish ' - Words'*

Sixteenth Sunday in Ordinary
Time

18th July 2021

Hymns:

Entrance: Christ be our light

Offertory: The Lord is my
Shepherd

Communion: Bread, Blessed
and Broken

Recessional: Lord I lift your
name on High

Entrance Antiphon:

See, I have God for my help.
The Lord sustains my soul. I
will sacrifice to you with willing
heart, and praise your name, O
Lord, for it is good.

Readings:

Jeremiah 23:1-6

Psalms 22

Ephesians 2:13-18

Mark 6:30-34

Response to Psalm

The Lord is my shepherd;
there is nothing I shall want.

Gospel Acclamation:

Alleluia, alleluia!

The sheep that belong to me listen to
my voice, says the Lord, I know them
and they follow me.

Alleluia!

Communion Antiphon:

Behold, I stand at the door and knock,
says the Lord. If anyone hears my
voice and opens the door to me, I will
enter his house and dine with him, and
he with me.



Communion Reflection

Take a break

We all need a break sometimes. I
remember once reading a selection of
entries for a Mothers' Day competition,
in which people were asked why their
mother deserved to win a prize. They
all had themes in common - she never
does anything for herself; she's always

thinking of other people; I can't
remember the last time she took a
break.

In today's Gospel, the disciples
need a break. They have returned
from their mission, eager to catch
up with Jesus, but there is so much
happening that they barely have
time to eat. Jesus sees their need,
and invites them to take a boat
with him to a quiet place and rest
for a while. But there is no time
for rest, as the crowds have
followed them on foot. Jesus is
moved by them because they are
'like sheep without a shepherd'. He
is the Good Shepherd who always
cares for his flock, and he
responds with compassion and love.
No doubt the disciples are drafted
in to help: it turns out it is not
break time! We can imagine their
exhaustion. We all feel tired or
overwhelmed from time to time,
from work or family pressures or
simply trying to balance everything.
Postponing our own needs to care
for others is familiar to every
parent or caregiver. We don't know
if the disciples got a rest at that
point, but we know that Jesus
valued time apart as he later sends
the disciples off in the boat again
while he goes away by himself to
pray. In the chaos of life, even
when there are demands on our
time and energy, it is important to
take some time to reflect and to
pray.

Triona Doherty



**OPEN AIR MASS
ST. ANTHONY'S
18th JULY AT
MIDDAY.**

On Sunday, we will celebrate our
third outdoor Mass. It was
great to see another good turn-
out for the Mass last Sunday.
The weather was a lot kinder to
us and as far as I know the sun
will be shining for our third
Mass. So, please God, we will
see each other again on Sunday
to celebrate our Mass. For those
of you who are planning a well-
deserved holiday and unable to
be with us, have a good break
and we will meet up soon. You
will all be included in our prayers
during the Mass. Again, just a
little reminder for those who will
be attending on Sunday: **Please
keep in mind that our car park
has limited number of spaces so
not all will be able to get into**

the car park. Parking can take place outside the church grounds but this will be at your own risk. Be careful that you don't get a parking ticket! As the Mass will be outside in the church grounds and large numbers anticipated, there will be standing space only. There will be a limited number of chairs available for those who may need to sit down. Chairs will be outside the hall and we ask if possible for the person who needs a chair to sit down around that area. All chairs must be returned to the hall after the Mass. If you would like to bring your own fold up chair feel free to do so.

With the health and social distance regulations still in place these must be strictly adhered to. The church grounds will be marked out for different bubbles so families can be together. I would also like to suggest that you bring your own hand sanitiser, and bottled water, face masks must be worn except for those under 12yrs of age. As the Sunday Mass will be outside for July and August, we will be at the

mercy of the weather sun and rain so again I would suggest to bring an umbrella. This will protect from the rain and the sun. All going well we will celebrate Mass each Sunday rain or shine !!!

Copies of the safety guidelines can be found with these Words and on the Web page. On the reverse side you will find the words of some of the prayers that will be used in the Mass. If possible please print a copy and bring it with you. Not to worry if you can't, copies will be handed out before the Mass.

As we cannot have an offertory collection a few collection boxes will be placed in the church grounds if you would like to make a contribution after the Mass.

USHERS.

There will be a minimum 6 ushers in the church grounds during our Mass. The ushers will be identifiable by the wearing of yellow vests. The role of the usher is to assist you to your places in the church grounds which will be marked out. During the distribution of communion the ushers will guide you to the ministers giving out communion. In that respect there will be 2 priests and one Eucharistic Minister. Please follow

the guidelines of the ushers, they are there for your safety and welfare. If you need any help, feel free to ask any of the ushers. If for any reason that you are not able to walk up for communion and would like communion just mention it to one of the ushers during communion and communion will be brought to you.

One important point to remember is that the ushers are NOT CAR PARK ATTENDENTS.

For the month of August, we need more people to volunteer as ushers. I know that August is a month when people are away and it is difficult to get volunteers. So far, the numbers of volunteers for August are as follows:

Sunday 1st Aug - 3 volunteers,
Sunday 8th Aug - 4 volunteers,
Sunday 15th Aug - 1 volunteer,
Sunday 22nd Aug - 2 volunteers,
Sunday 29th Aug - 2 volunteers..
so, if you are 16yrs of age and over and would like to volunteer please contact the parish office by phone: 027201970 or email: stanthonyparish@telenet.be.

Again, I need to emphasise that our outdoor Masses can

only proceed if we have ushers in place. You have all seen how important the ushers are to the smooth running of your outdoor Mass.

Volunteers are also needed to help put up the coverings for the Mass. These are the covering over the altar and over the seating area. As the weather can change from week to week the coverings have to be taken down after the Mass and then put up again on the Sunday for the next Mass. If you are willing to volunteer, please come along to St. Anthony's on the Sunday morning for 9.00am. You will be shown what to do by those who already help put up the coverings.

As well as celebrating our open-air Mass at 12noon the 10.30am Mass will continue to be live streamed during July and August.

God Bless,

Fr. Michael.

St. Anthony's Church
Opening Hours

We are happy to announce that St. Anthony's Church is open for visits during the week and weekends.

Church Opening Hours:

Monday - Saturday: 10am - 6pm
Sundays: 11.30am - 6pm

Please Note:

Sunday Mass is still been live streamed - No congregation. The Church will be open to the public after Mass.

Covid Measures:

The numbers visiting the Church at any one time is restricted to 15 persons.

Children under the age of 12 are not part of the 15 - but children between 10 and 12 years are now also required to wear a mask.

Face Mask are to be worn, and social distance must be observed at all times.

Please use the hand sanitizer gel that is provided at the entrance of the Church.

God Bless,
Fr. Michael and Fr. Pat

UPDATE: Mass at St. Nicholas,
Sundays at 10h

100 parishioners from Sunday 13th June at 10h. **No reservations are needed**, but compliance with the coronavirus measures is obligatory, namely social distancing, mask wearing, hand sanitisation, and no singing.

Mass at Sacré Coeur 19 Rue le
Correge, 1000, Brussels

English mass at Rue le Corrège will be on every Sunday at 19h15. Currently it is limited to 100 people. **No reservation is needed, Corona Virus measures must be adhered too.**

Mass at St Joseph's Community



St Joseph's Community meets every Sunday at 11h30, at 203 Chaussee de Wavre, 1050 Brussels. Currently, 100 people are allowed in our Church and all visitors are welcome.
Corona Virus measures must be adhered too.

ROSARY WEDNESDAYS

In these challenging times, with limited possibilities to meet our family and friends in person, a chance to pray together becomes so precious. Therefore, responding to Our Lady's promise to grant her special protection and numerous graces to those who will recite the Holy Rosary, we would like to invite you to join a group of fellow parishioners (from The Church of the Sacred Heart in Rue le Corrège) every Wednesday at 8:30 PM online, on Zoom platform, to pray the Rosary and the Litany of St. Joseph, thus bringing our common and private intentions to Jesus through Mary.

How to access the virtual prayer evenings:

1)

Click: <https://us04web.zoom.us/j/76390617485?pwd=VDdEZDJaTVZMSnRkRUtIRONQK3ZSZz09>

OR

2) Go to www.zoom.com, "Join a meeting"

Meeting ID: 763 9061 7485

For more information, please contact rasa.galkyte@gmail.com

FCJ Centre of Spirituality
211 Ave. Winston Churchill,
1180, Brussels

1. SCRIPTURE PRAYER: Lectio Divina. All Welcome! (Zoom) Every Wednesday 10.30-12.00 And 19.30-21.00 For further information, visit www.fcjcentre.be or, email fcj@fcjcentre.be, or tel. 02 348 956

MASS TIMES

**St Anthony's Parish -
Live Streamed Mass
Every Sunday @ 10.30h**

**Parish Address:
Oudstrijderslaan 23-25
1950 KRAAINEM
Tel: 02 720 19 70**

**Email:
stanthonyparish@telenet.be**

**Web: www.saint-anthony.be
Parish Office Hours
Mon, Thu & Fri
9.00-13.00 & 14.00-17.00
Tue & Wed
9.00-13.00**

**A/C No:
BE70 3100 7225 8925
BIC: BB RU BE BB**